

VISIT OUR 1st FLOOR
KIOSK FOR
GRAB-N-GO ITEMS!



NUTRITION CARE DIVISION
GENERAL LEONARD WOOD ARMY COMMUNITY HOSPITAL
OUR DAILY SPECIALTIES



9/25/2015 15:05
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NCOIC, Nutrition Care Division

Menu subject to change based upon availability

WEEK 3							
	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<i>GREAT BEGINNINGS</i> BREAKFAST MENU MON - FRI 0600-0900 WKND&S & HOLIDAYS 0700-1000 FEATURING: OMELETS MADE TO ORDER MADE FRESH DAILY	11-Oct-2015	12-Oct-2015	13-Oct-2015	14-Oct-2015	15-Oct-2015	16-Oct-2015	17-Oct-2015
	Fresh Fruit, Fruit Juices (V) Oatmeal/Grits (V) French Toast (V) Hash Brown Patties Eggs/Omelets to Order Bacon/Sausage Sausage Gravy/Biscuits	Biscuit Rolls Oatmeal/Grits (V) Pancakes & French Toast (V) O'Brien Potatoes Bacon/Sausage Turkey Links Sausage Gravy/Biscuits	Breakfast Burrito Oatmeal/Grits (V) Waffles (V) Hash Brown Patties Bacon/Sausage Grilled Pork chop Sausage Gravy/Biscuits	Breakfast Sandwich Oatmeal/Grits (V) French Toast (V) O'Brien Potatoes Bacon/Sausage Corned Beef Hash Sausage Gravy/Biscuits	Breakfast Burrito Oatmeal/Grits (V) Pancakes (V) Hash Brown Casserole Bacon/Sausage Turkey Links Sausage Gravy/Biscuits	Breakfast Sandwich Oatmeal/Grits (V) Waffles (V) Shredded Hash Browns Bacon/Sausage Chicken Fried Steak Sausage Gravy/Biscuits	Fresh Fruit, Fruit Juices (V) Oatmeal/Grits (V) French Toast (V) Hash Brown Patties Eggs/Omelets to Order Bacon/Sausage Sausage Gravy/Biscuits
COLUMBUS DAY							
PANINI OF THE DAY	Soup of the Day		Chili	Reuben Panini	Chili	New Orleans Style Po Boy	Soup of the Day
SOUPS	Roast Turkey	Chili	Pork Posole Soup	Chili	Egg Drop Soup	Chili	Beef Stroganoff
MID-DAY FARE LUNCH MENU MON - FRI 1100-1400 WKND&S & HOLIDAYS 1000-1400 FEATURING: FRESH GRILLED ITEMS WRAPS & DELI SANDWICHES Try our Vegetarian (V) Options!	Mashed Potatoes w/ Gravy Cornbread Dressing Green Beans (V) Home-style Dinner Rolls Dessert of the Day	Mediterranean Vegetable Soup Oven Fried Chicken Baked Ziti Fried Zucchini (V) Glazed Carrots Sicilian Vegetables (V) Garlic Breadsticks Chocolate Mint Pie/Parfait	Chicken Enchilada Casserole Flank Steak w/ Chimichurri Sauce Pork with Guajillo Sauce Roasted Root Vegetables Antigua Vegetables (V) Grilled Mixed Zucchini (V) Mexican Rice (V) Lemon Meringue Pie/Parfait TACO SALAD BAR	Chicken and Dumpling Soup WING WEDNESDAY Blackened Tilapia Chicken Maria Couscous(V) Winter Blend Vegetables (V) Fire Roasted Apples (V) Wheat Dinner Roll Pecan Pie/Parfait BAKED POT/SWT POT BAR	Chicken Curry Beef with Broccoli Vegetable Lo Mein Jasmine Rice (V) Brown Rice (V) Sonoma Style Vegetables (V) Garlic Fried Green Beans (V) Vegetable Egg Rolls (V) Lemon Cream Cake/Parfait	Chicken Noodle Soup Fried/Baked Catfish BBQ Pulled Pork Bourbon Chicken Dirty Rice Baked Beans Collard Greens Grilled Yellow Squash Honey Corn Muffins DEATH BY CHOCOLATE	Smothered Chicken Garlic Toast Steamed Broccoli Steamed Rice Dessert of the Day
DINNER DISHES EVENING MENU MON - FRI 1600-1800 WKND&S & HOLIDAYS 1530-1730 FEATURING: FRESH GRILLED ITEMS SALADS & DELI SANDWICHES	WEEKEND MENU	Hot Specialty Soup & Chili Chicken Parmesan Fire Roasted Potatoes Sicilian Vegetables (V) Wax Beans (V) Garlic Breadsticks Chocolate Mint Pie	Hot Specialty Soup & Chili Baja Fish Tacos Grilled Potatoes and Onions Grilled Mixed Zucchini (V) Midori Vegetables (V) Wheat Dinner Roll Lemon Meringue Pie	Hot Specialty Soup & Chili Open Faced Turkey Mashed Potatoes (V) Green Beans (V) Glazed Baby Carrots (V) Wheat Dinner Roll Pecan Pie	Hot Specialty Soup & Chili Smothered Pork Chop Macaroni and Cheese (V) Japanese Stir Fried Veg (V) Fire Roasted Apples (V) Home-style Dinner Roll Lemon Cream Cake	Hot Specialty Soup & Chili Fish and Chips Parmesan Potato Wedges (V) Garden Vegetables (V) Grilled Yellow Squash Dinner Roll	WEEKEND MENU Steamed Broccoli Dessert of the Day